

## Humber Coast and Vale

### Liposuction Commissioning Policy

<b>Intervention</b>	<b>Liposuction</b>
<b>OPCS codes</b>	S62 Other operations on subcutaneous tissue S621 Liposuction of subcutaneous tissue of head or neck S622 Liposuction of subcutaneous tissue NEC
<b>For the treatment of</b>	<b>Problems of fat distribution</b>
<b>Background</b>	This commissioning policy is needed because liposuction is a treatment often used to improve appearance rather than to treat health conditions.
<b>Commissioning position</b>	<p>Humber Coast and Vale CCGs do NOT routinely commission liposuction and requests will only be considered via the Individual Funding Request (IFR) process,</p> <p>Humber Coast and Vale CCGs will routinely commission liposuction when it is used as a necessary adjunct to clinically necessary reconstructive surgery or other surgical procedures such as thinning of transplanted flaps or endoscopic axillary lymph node retrieval for breast cancer.</p> <p>Liposuction for the treatment of lipoedema is not routinely commissioned. All cases will be considered by the IFR panel on the basis of exceptional clinical circumstances.</p> <p>Clinical evidence will be considered where there is clear demonstration of exceptional effect on functionality of the activities of daily living.</p>
<b>Summary of evidence / rationale</b>	Studies have shown that abdominal liposuction does not significantly improve obesity-associated metabolic abnormalities, and so decreasing adipose tissue mass alone will not achieve the metabolic benefits of weight loss.
<b>Date Effective from</b>	December 2017
<b>Date Published</b>	December 2017
<b>Review Date</b>	December 2019

#### References:

1. Information for Commissioners of Plastic Surgery Services - Referrals and Guidelines in Plastic Surgery (NHS Modernisation Agency) London
2. BMJ 2004; 328:1457 Liposuction does not achieve metabolic benefits of weight loss.