

Start well, live well, age well...

Our plans for the future of Health and Care in Humber, Coast and Vale

The [NHS Long Term Plan](#) sets out what the NHS of the future should look like. Local partnerships that bring together the NHS, Councils and local communities will help to make those changes happen. Our partnership in Humber, Coast and Vale is developing a set of plans that explain our aims and ambitions and how we plan to make the future NHS described in the Long Term Plan a reality in our area.

At a local level:

A really important part of our Partnership plan is continuing the work we are doing together to improve the health and wellbeing of the local population in each of our “**places**” – these are the areas covered by each local Council or NHS Clinical Commissioning Group (CCG). Sometimes, where it makes sense to do so, we join up across more than one place to plan and improve services – we refer to these areas as “**sub-systems**”.

In our places and sub-systems our plans will focus on three main areas:

Helping people to live healthier, happier lives

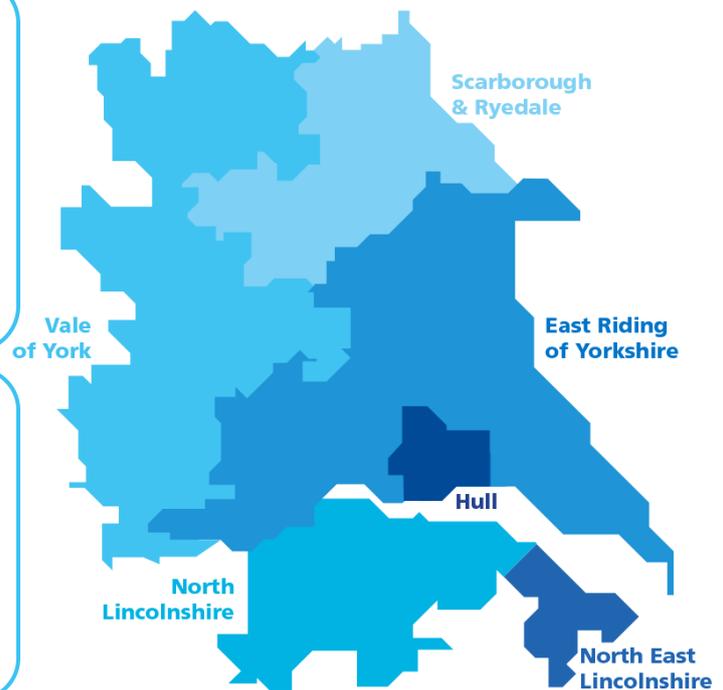
There are many things that affect a person’s health. We are working together to improve things like housing, access to jobs and the environment. We are also investing in things that help prevent people becoming unwell and supporting them to manage their own health and health conditions

Joining up health and care services

We are working together to join up different health and care services so that GPs, hospital teams, district nurses, mental health teams, social care staff and other health professionals in an area can work as one team to support peoples’ needs.

Spending our money better together

The NHS and local Councils commission (“buy”) health and social care services for an area. By working together we can spend our money once and use our different expertise to make sure we are investing in the right things for our populations.



Across Humber, Coast and Vale:

There are some areas where we can make bigger and faster improvements by working together across a larger area – we talk about this as “working **at scale**”. By working together across the whole Humber, Coast and Vale area, our Partnership wants to make improvements in three main areas:

Clinical Priority Areas

- Cancer
- Mental Health
- Primary Care (GP services)
- Urgent and Emergency Care
- Elective (Planned) Care
- Maternity Services

Strategic Developments

- Providing the best possible hospital care within the resources available
- Commissioning at the right level to meet the needs of the population

Making the most of our resources

- People
- Buildings
- Technology
- Money

We will focus on making changes in six clinical priority areas to better meet the needs of people in our area. Some of the ambitions for improving services in these areas include:

Cancer

We want to help people to reduce their risk of developing cancer and to be able to spot the signs of cancer so we can treat more people sooner.

We want to improve access to services for all communities: e.g. putting in place a radiology network so a radiologist can read a scan remotely and patients can get a faster response.

Mental Health

We want to improve the support that is offered when people are diagnosed with dementia.

We want to make sure no one needs to go outside of our area for inpatient treatment.

We want to reduce the number of suicides in our area and are putting in place a suicide prevention strategy.

Maternity

We want to ensure women have good information and can make choices about their maternity care.

We want to reduce the number of still births

We want more women to be cared for by the same midwife or team of midwives throughout their pregnancy, birth and after birth.

Primary Care

We want services in local communities to be much more joined-up to support people with more of their health and care needs outside of hospital.

We want to link up GP practices across an area to work together better (these are called Primary Care Networks).

We want to improve digital access to GP services.

Urgent Care

We want everyone to be able to get urgent advice and treatment 24/7 via NHS111 or online.

We want to reduce the number of people stuck in hospital who don't need to be there.

We want to improve the way we support our frail older people when they become unwell and need urgent help.

Planned Care

We want to transform hospital outpatients to reduce unnecessary travel and improve the service offered.

We want to reduce the number of people developing Type 2 Diabetes by continuing with the National Diabetes Prevention Programme.

We want to improve waiting times for planned surgery.