

## Humber, Coast and Vale Health and Care Partnership

### Elective Network Update Report

December 2019

The following report highlights recent work of the Humber, Coast and Vale Health and Care Partnership Elective Network Programme. A full list of our priorities and further information about the work of the Elective Network Programme can be found at:

[www.humbercoastandvale.org.uk/how/collaborative-commissioning](http://www.humbercoastandvale.org.uk/how/collaborative-commissioning)

#### Strategic Elective Network Board meeting (9<sup>th</sup> December 2019)

The quarterly meeting of the Strategic Elective Network Board came together, led by SRO Alex Seale, to review updates and progress towards transformation across the Humber, Coast and Vale (HCV) Elective Programme.

This included a new Diabetes SRO, Catherine Dymond, who will chair the new HCV Diabetes Steering Group on a monthly basis. The key activities taking place are the sign-off for both the terms of reference and strategy documents alongside the appointments of Dr Tom Milligan and Dr Vinod Kumar as clinical leads for the North Yorkshire and Vale of York area and Humber area respectively.

Closer links between the Elective programme groups have been established including Maternity and Cancer to support working on cross-cutting issues such as smoking cessation and obesity prevention.

#### Outpatients transformation

NHS England and NHS Improvement continues to support the three Trusts through the National Elective Care Programme – Transforming Outpatients Programme, to enable whole system transformation of elective outpatient services. In addition, Northern Lincolnshire, is receiving support from the Regional 100-day challenge programme regarding gastroenterology and colorectal.

Hull and East Riding CCGs held a GP and Consultant event in October as part of the outpatients transformation work to help form closer links between primary and secondary care colleagues which was supported and well received and has informed priorities to move forward.

The York and Scarborough Patient Initiated Follow-up pilot in rheumatology has gone live, as well as a refresh and launch of the Rapid Expert Input (REI) programme.



Video consultations are now live in diabetes and cancer care, and there have been discussions with digital boards about vision and requirements to support outpatients' transformation over LTP.

### **Waiting list stock-take/planning**

Caroline Briggs, Programme Director, updated on the waiting list stocktake of elective care activity positions including waiting list numbers, waiting times, RTT performance and changes in referrals across HCV as at the end of September by all three Trusts

The specialty areas with the highest waiting lists were ophthalmology, ENT, cardiology, trauma and orthopaedics, gynaecology and urology across all three Trusts, and it was agreed there needs to be further discussion with planned care boards/groups and with the Trust chief operating officers supporting further discussion regarding the priorities for joint action across HCV.

### **MSK**

Work is under way with MSK providers from across HCV to develop an HCV back pain website which is being led by a clinical and communications task and finish group. The website will provide advice and guidance for the public on managing lower back pain. Lower back pain accounts for a high level of activity in primary care and A&E.

A workshop was held in October with Health Education England to look at solutions to support the sustainability of MSK services and the recruitment and retention of physiotherapists for first contact practitioner roles within HCV. Areas for action were agreed and a workforce task group is being established to take forward.

There has been a 50% decrease lumbar spinal MRI referrals in York since the introduction of MRI referral forms and guidance, and it is envisaged that similar reductions will be met in North Lincolnshire and North East Lincolnshire following their introduction. The Hull and East Riding MRI referral form is signed off pending a process to support electronic request.

### **Respiratory Steering group**

The Respiratory Steering Group had created a Respiratory Strategy Document to ensure alignment of respiratory work across the HCV. A comprehensive training analysis for MyCOPD and Spirometry has been undertaken and training courses are planned to address gaps in workforce requirements. Further work is under way to develop and align locality plans with the over-arching HCV plan and strategy.

### **Medicines Optimisation**

The Pharmacy Leaders' Group met on 4<sup>th</sup> December to discuss their successes so far this year, including implementing managed repeat prescriptions in the Vale of York and planned implementation in Scarborough and Ryedale and across the Humber CCGs. There had been an educational event in September to promote electronic repeat prescriptions with the Humber Pharmacy Committee.

The Yorkshire & Humber Academic Health Science Network (YHAHSN) is supporting the Transfer of Care around Medicines (TCAM) Programme, which allows patients in hospital, who have been identified as needing additional support with their medicines, to be referred to their local community pharmacy when they are discharged.

Hull University Teaching Hospitals NHS Trust and York Teaching Hospital NHS Foundation Trust, at the York site, have implemented with impacts on avoiding readmissions, reduced bed days and financial savings. The YHAHSN is supporting York to implement at the Scarborough site and Northern Lincolnshire and Goole NHS Foundation Trust and to enable it can go live in April 2020.

### **Clinical Thresholds – Humber CCGs Alignment of Commissioning Statements**

Hull, East Riding of Yorkshire, North Lincolnshire and North East Lincolnshire CCGs have worked together to align their CCG clinical commissioning policy statements across the Humber area. As part of this process, some of these statements have been amended and updated as per recommendations for interventions from the NHS England National Evidence-based Interventions Programme. A single document containing 101 aligned statements is to be varied into all main acute contracts from April 2020.

The aim for establishing harmonised clinical commissioning policies is to reduce the variation in the content and implementation of adopted policies, in terms of the ability of people to access certain treatments in the different CCG areas where treatments are not routinely commissioned or restricted.

### **Diabetes**

Humber, Coast and Vale has been successful in becoming one of the National Very Low Calorie Diet Pilots which is due to commence April 2020, and there is also a smaller local pilot in the East Riding for 50 patients within the Holderness Primary Care Network that will go live in January 2020.

There are two stakeholder workshops planned to develop the diabetes strategy in January and February for presentation to the Strategic Elective Board in March, and support has been requested from the CCGs & board members.

If you have any queries please contact Alex Seale (SRO), [alex.seale@nhs.net](mailto:alex.seale@nhs.net), Caroline Briggs (Programme Director) [carolinebriggs@nhs.net](mailto:carolinebriggs@nhs.net) or David Thundercliffe (PMO officer) [david.thundercliffe@nhs.net](mailto:david.thundercliffe@nhs.net).